

Detection and Treatment of Vulnerable In-Stent Neointima

Fernando Alfonso MD, PhD, FESC

**Cardiac Department.
Hospital Universitario de La Princesa.
Insituto de Investigación Sanitaria IIS-IP
Universidad Autónoma de Madrid.
Madrid. Spain.**

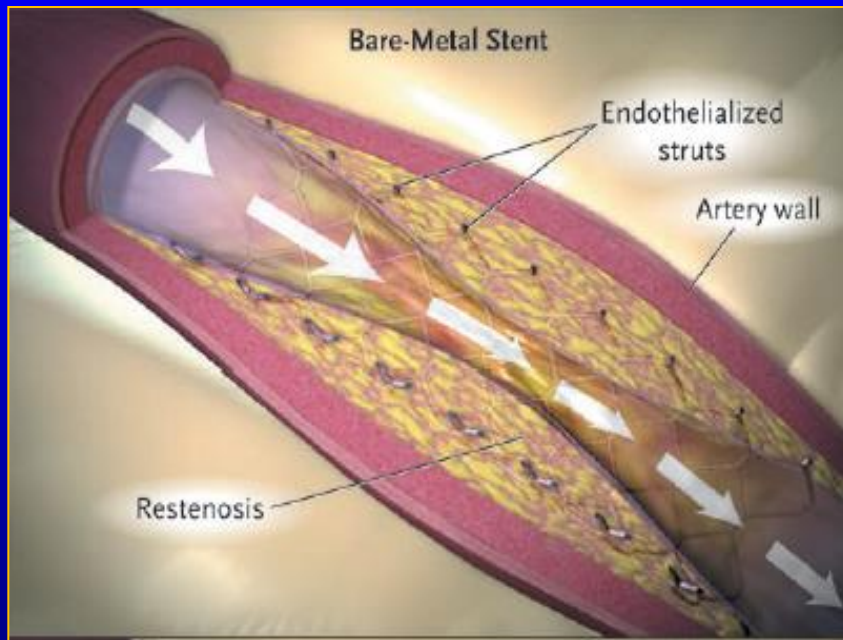
December 5-6, 2014

Grand Intercontinental Seoul Parnas, Seoul, Korea

OCT Stent “Failure”

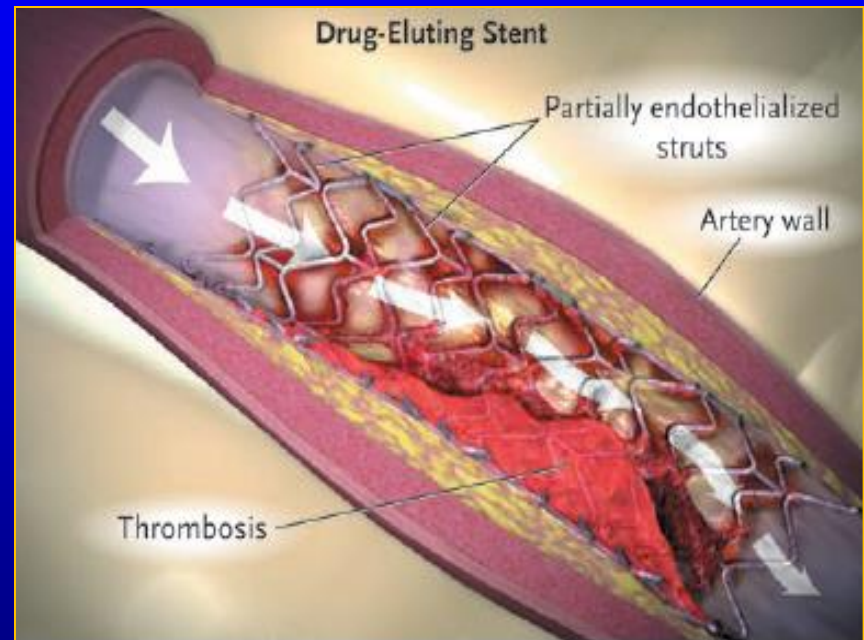
“Stent Failure”

In-Stent Restenosis



(Frequent, Benign)

Stent Thrombosis



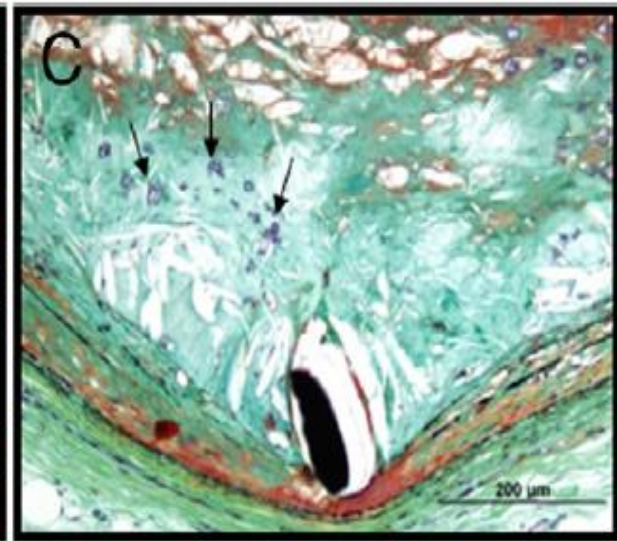
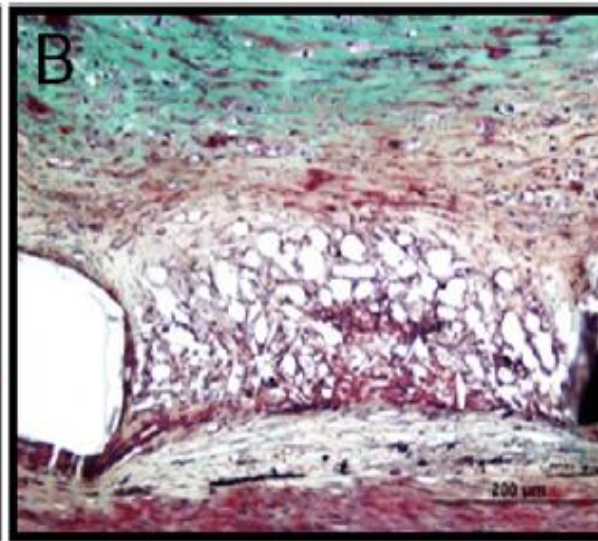
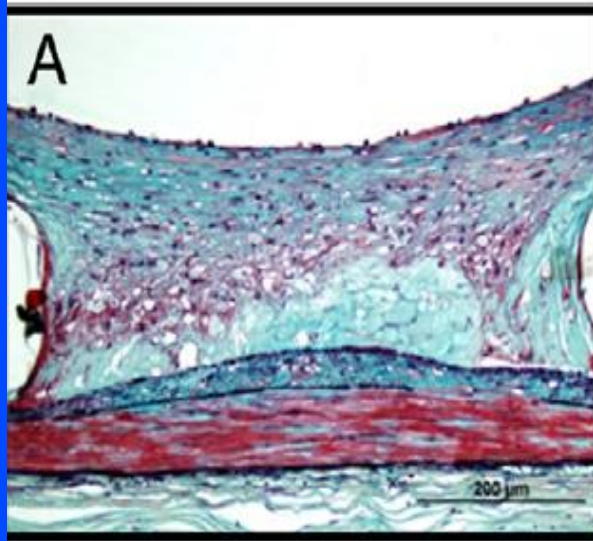
(Rare, Major Complication)

Curfman GD, Morrissey S, Jarcho JA, Drazen JM. Drug-eluting coronary stents--promise and uncertainty. *N Engl J Med* 2007;356(10):1059-60.

Neoatherosclerosis & ISR

Newly Formed Atherosclerotic Changes Within Neointima After Stent Implantation

SES implanted for 13 months



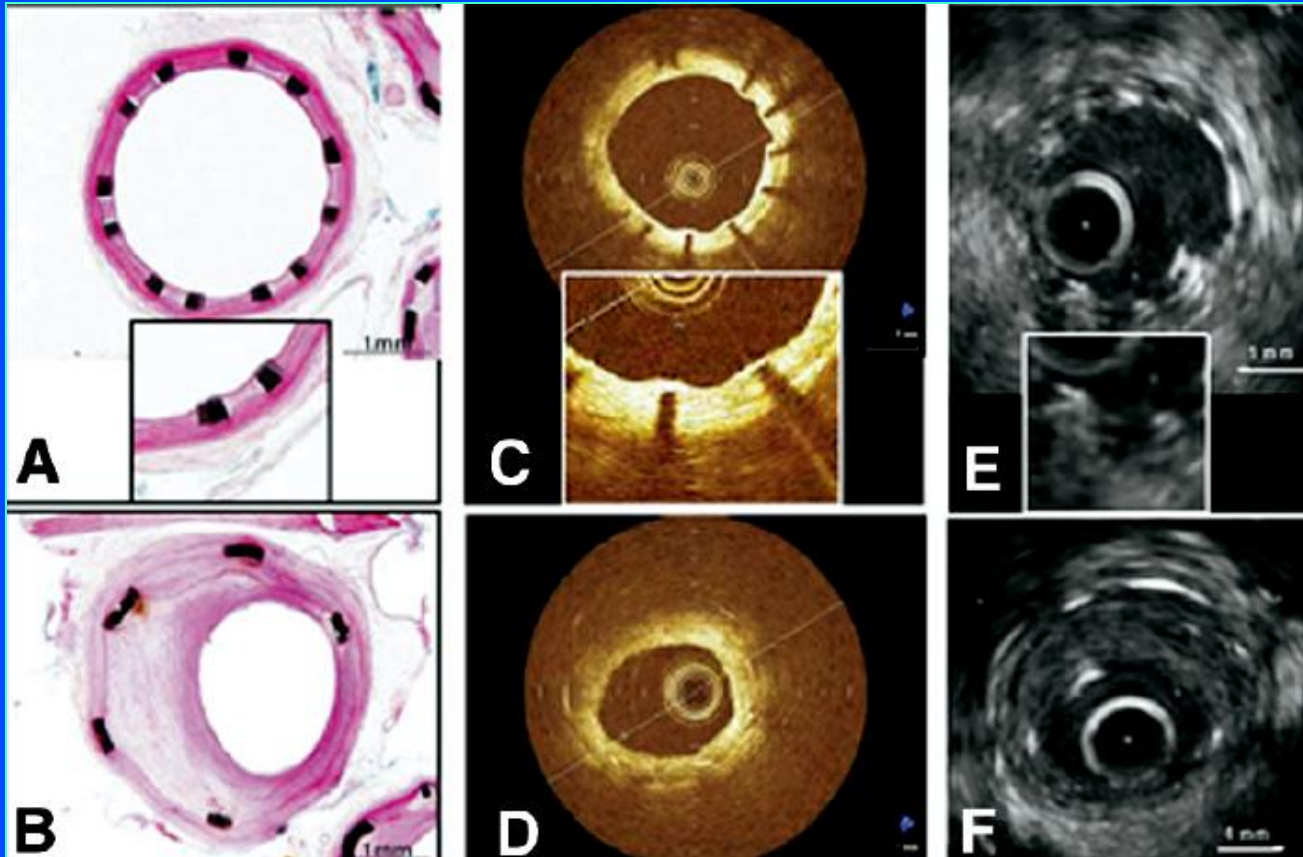
Foamy macrophage clusters
in the peristrent region

Fibroatheroma with foamy
macrophage-rich lesion and
early necrotic core

Fibroatheroma, peristrent early
necrotic core, cholesterol clefts,
surface foamy macrophages,
and early calcification (arrows)

ISR OCT vs IVUS

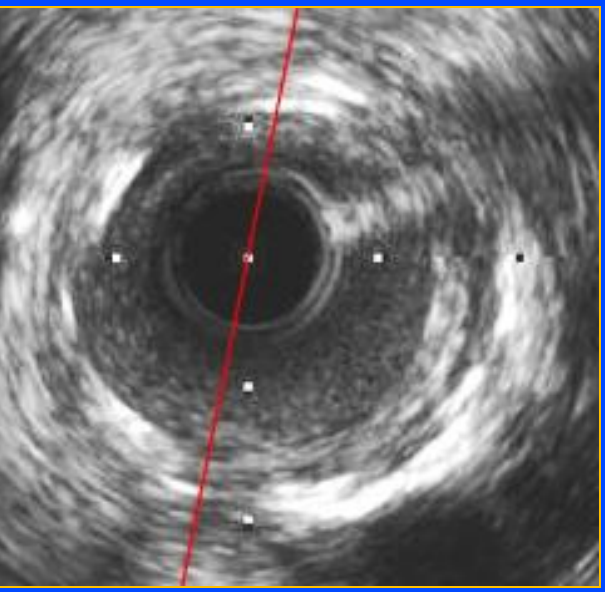
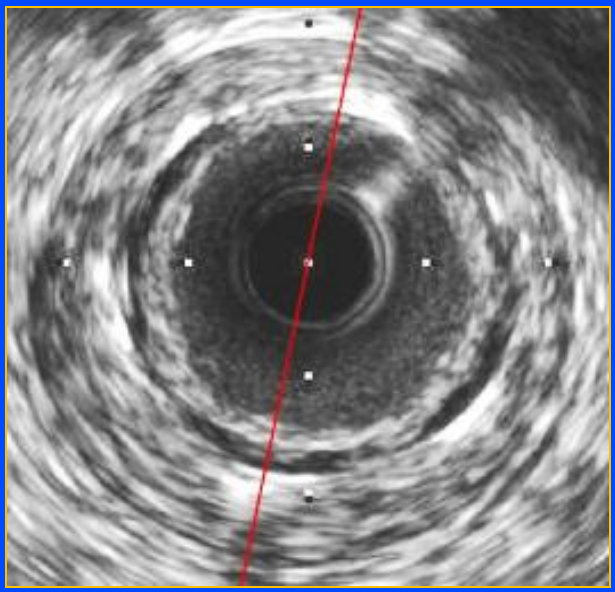
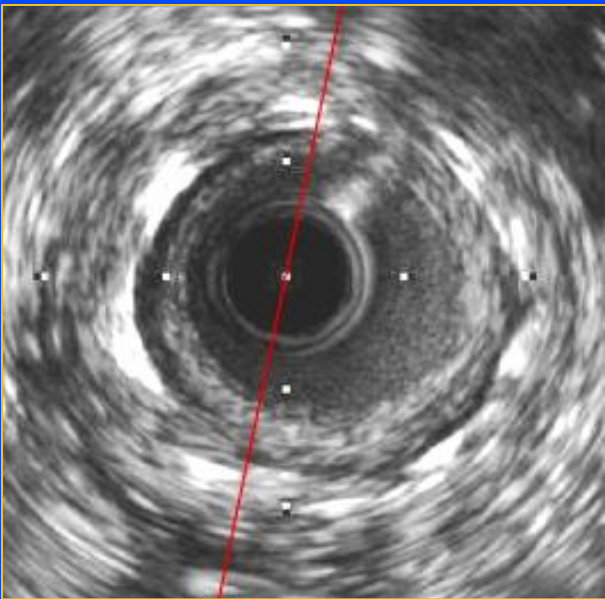
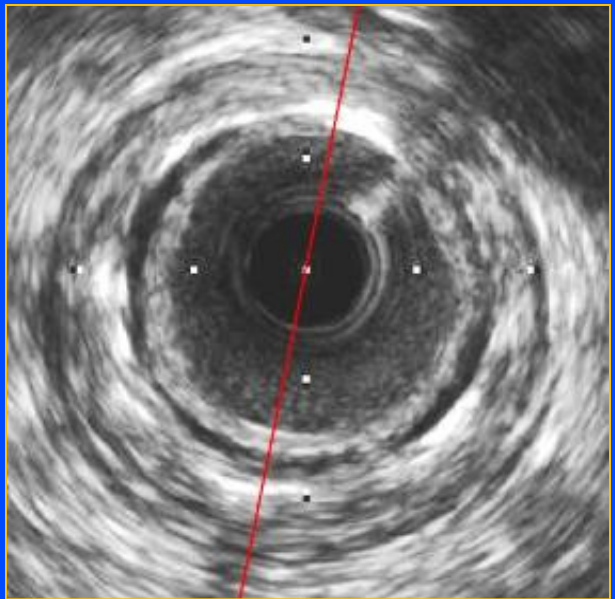
In Vivo Comparison Between Optical Coherence Tomography and Intravascular Ultrasound for Detecting Small Degrees of In-Stent Neointima After Stent Implantation



“Neointima”

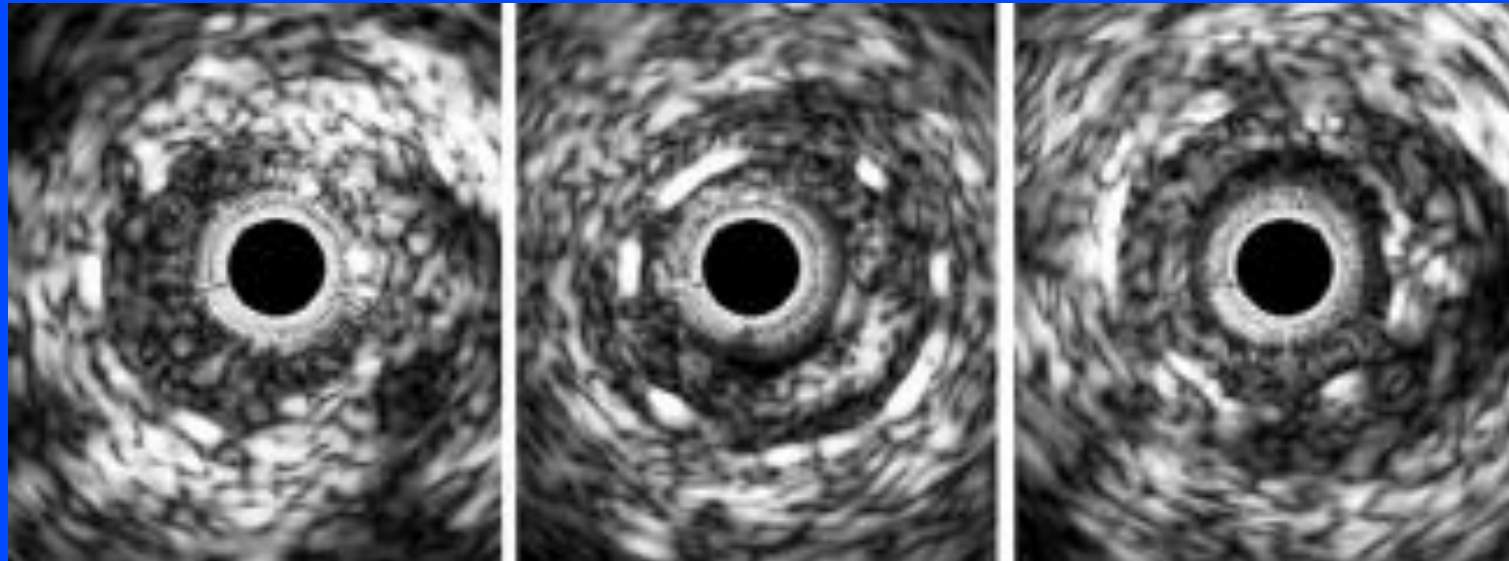
As compared with histology, the diagnostic accuracy of OCT (AUC 0.967) was higher than that of IVUS (AUC 0.781)

“Layered” ISR



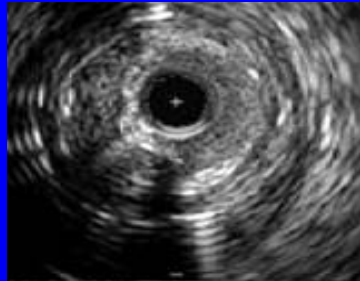
OCT-ST

Virtual Histology Composition of Neointima at
Maximal Percent Intimal Hyperplasia Sites

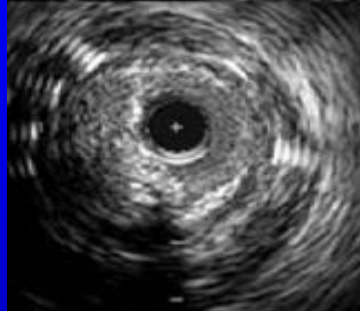


ISR & VLST

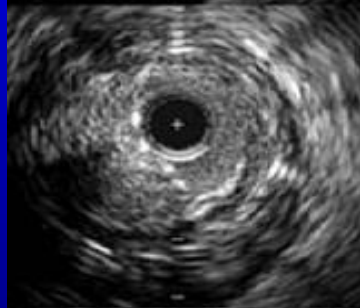
Intravascular Ultrasound Findings in Patients With Very Late Stent Thrombosis After Either Drug-Eluting or Bare-Metal Stent Implantation



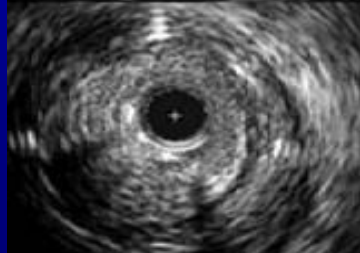
residual fibrous cap remnant



highly eccentric intrastent plaque

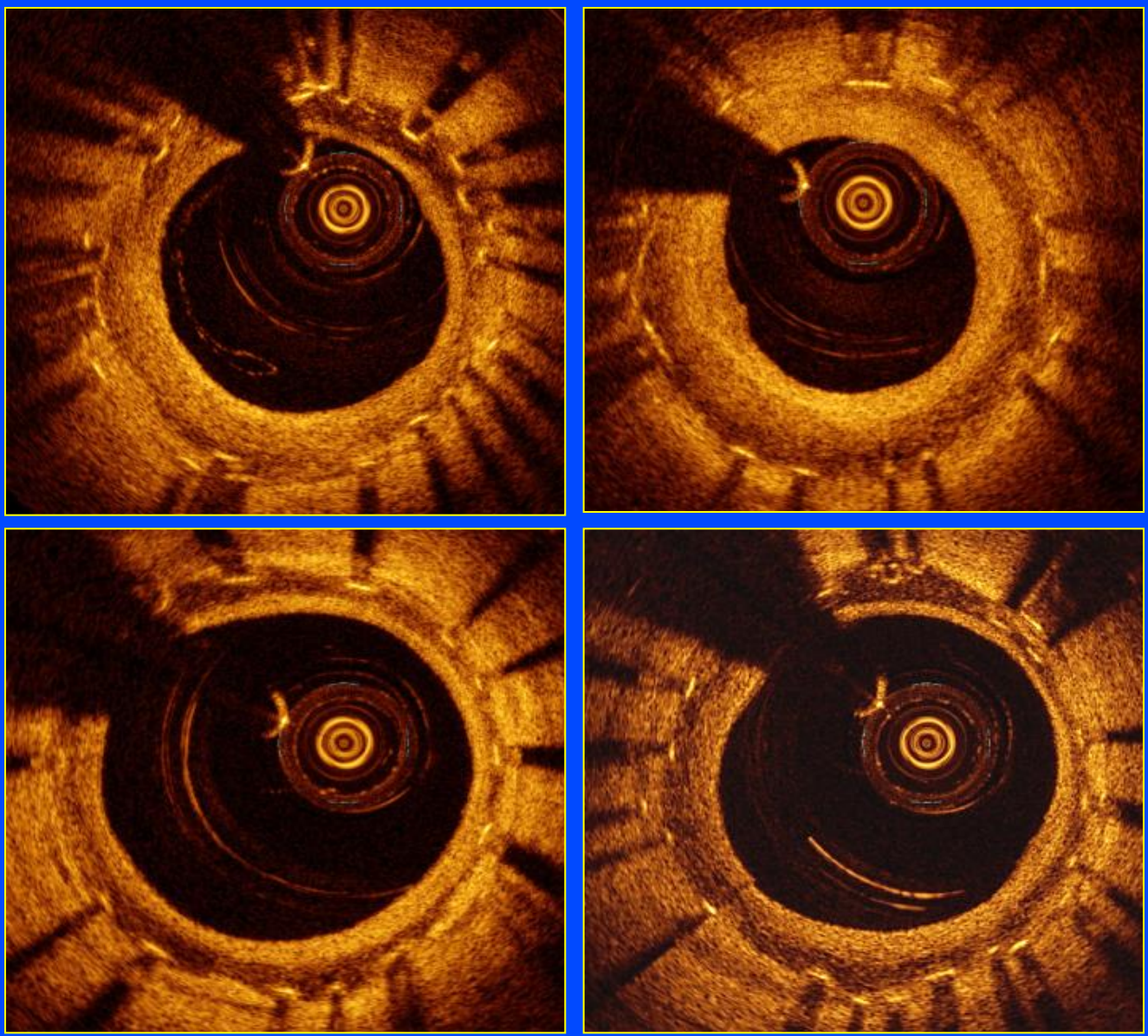


echolucent zone



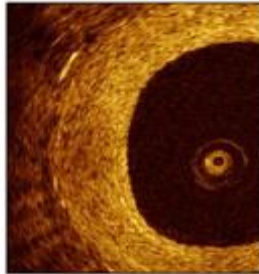
intraluminal thrombus

“Layered” ISR

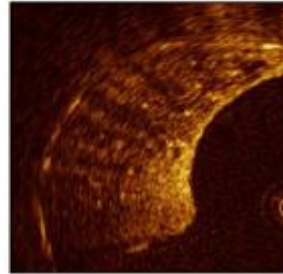


OCT-ISR

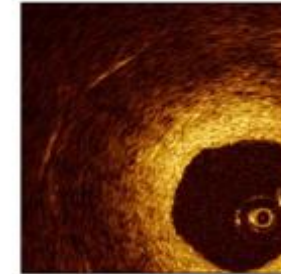
Restenotic tissue structure



Homogeneous: restenotic tissue has uniform optical properties and does not show focal variations in backscattering pattern.

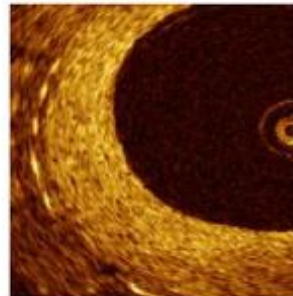


Heterogeneous: restenotic tissue has focally changing optical properties and shows various backscattering patterns

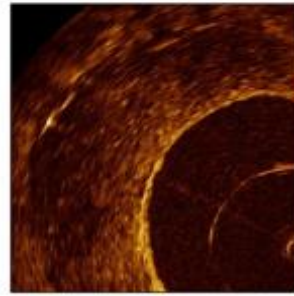


Layered: restenotic tissue consists of concentric layers with different optical properties: an adluminal high scattering layer and an abluminal low scattering layer

Restenotic tissue backscatter

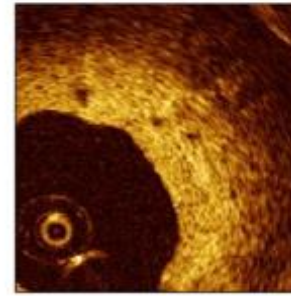


High: the majority of the tissue shows high backscatter and appears bright

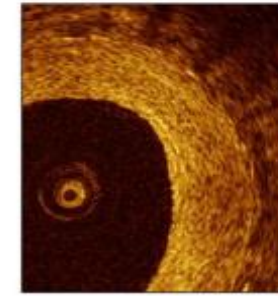


Low: the majority of the tissue shows low backscatter and appears dark or black

Microvessels visible



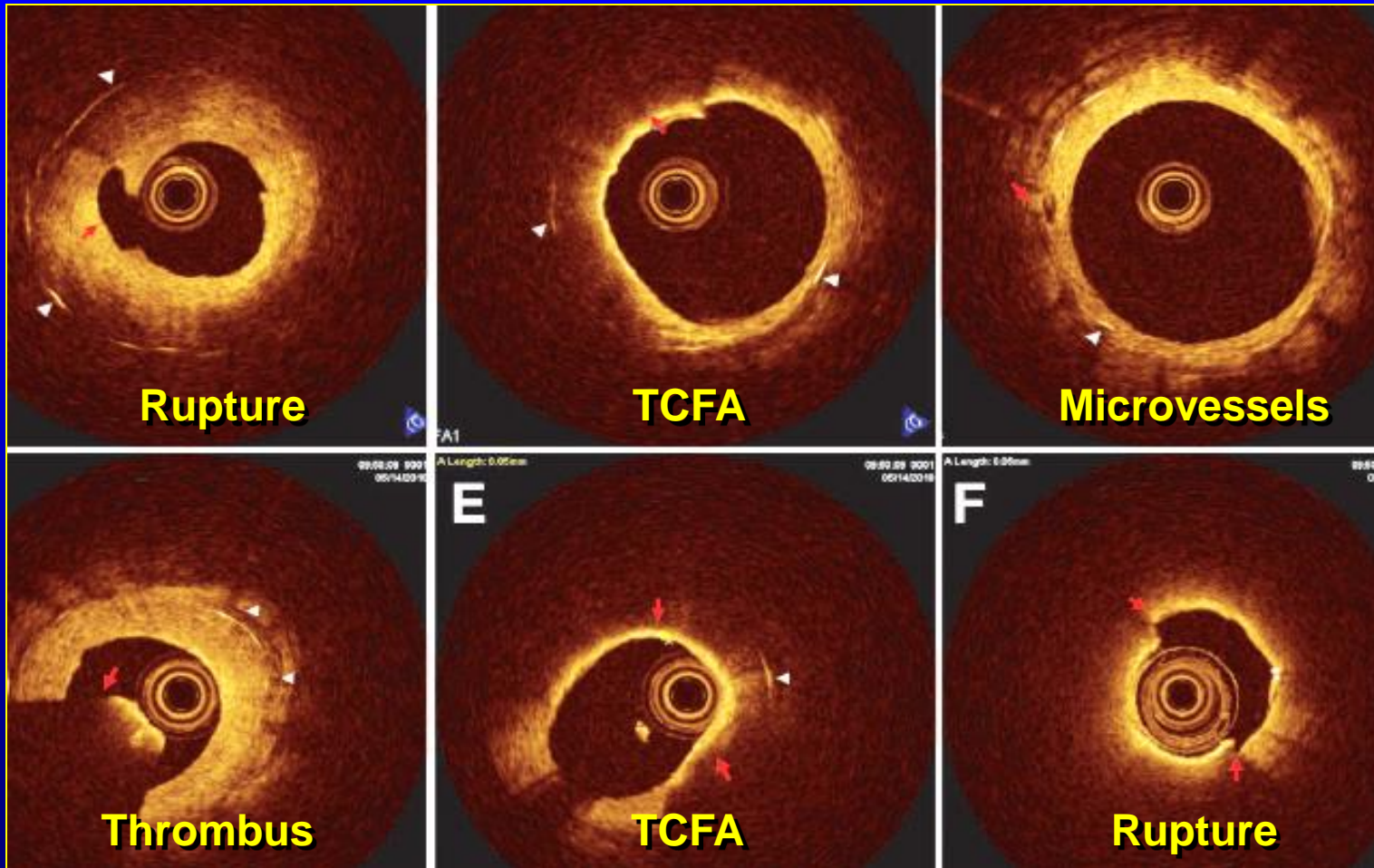
Yes: microvessels appear as well delineated low backscattering structures less than 200 micron in diameter that show a trajectory within the vessel



No

OCT DES ISR: Pathophysiology

- OCT in 50 Pts with DES ISR
58% Rupture, 52% TCFA, 58% Thrombus



OCT-ISR (Microvessels)

J Invasive Cardiol. 2012 Mar;24(3):116-20.

Optical coherence tomography evaluation of in-stent restenotic lesions with visible microvessels.

Kim BK, Kim JS, Shin DH, Ko YG, Choi D, Jang Y, Hong MK.

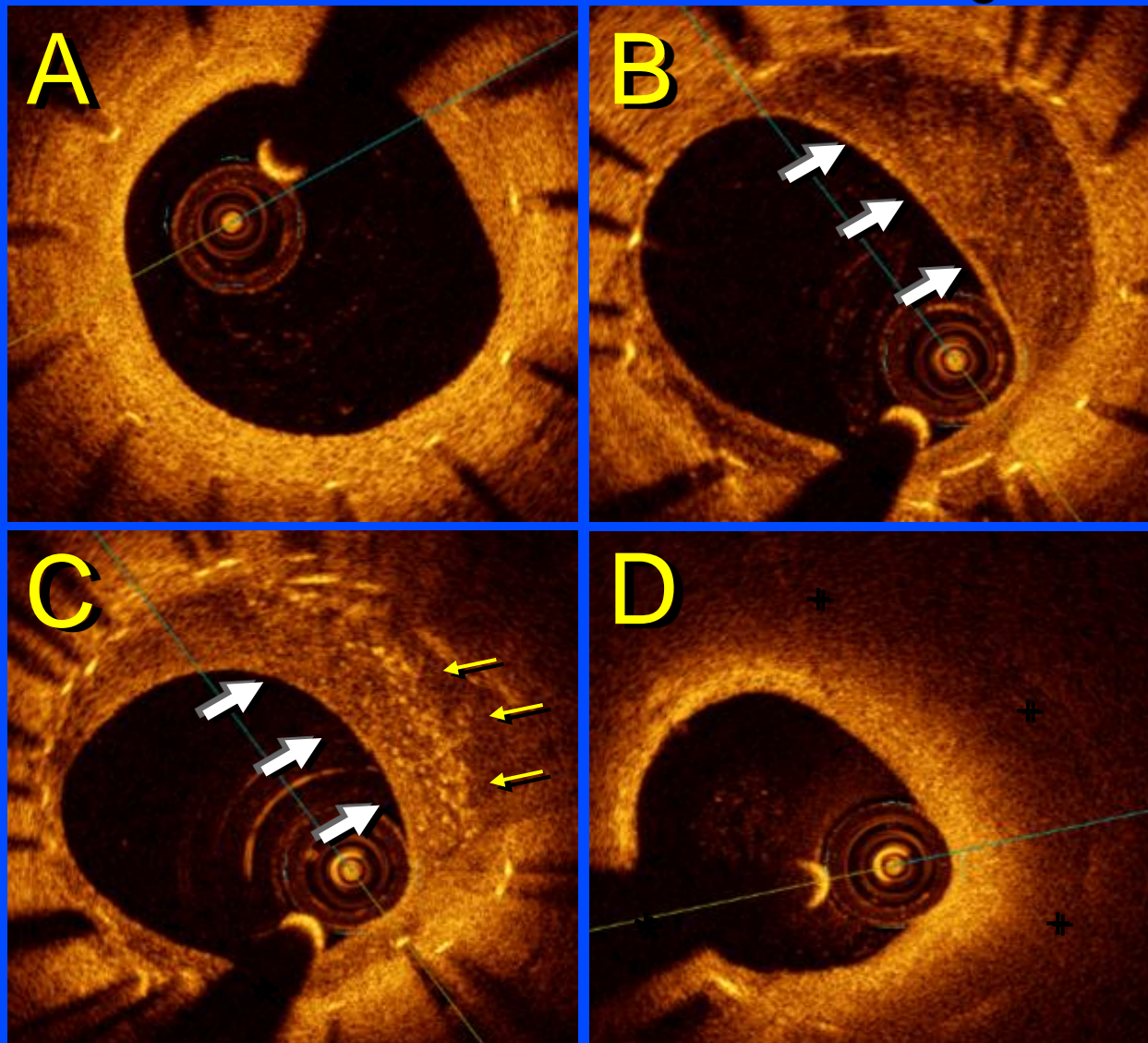
Division of Cardiology, Yonsei Cardiovascular Center, and Severance Biomedical Science Institute, Yonsei University College of Medicine, 250 Seongsanno, Seodaemun-gu, Seoul 120-752, Korea. mkhong61@yuhs.ac.

78 ISR lesions (72 DES, 6 BMS) 21 (27%) had microvessels .

(Microvessels: low backscattering structures <200 μ m in diameter)

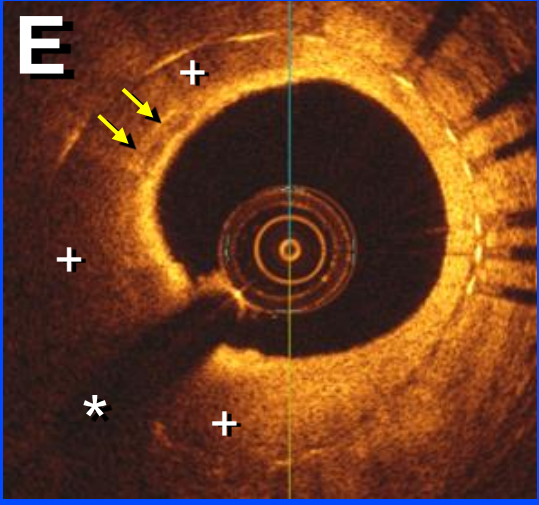
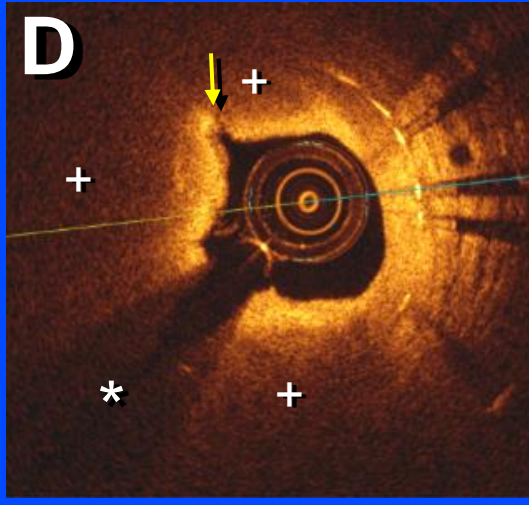
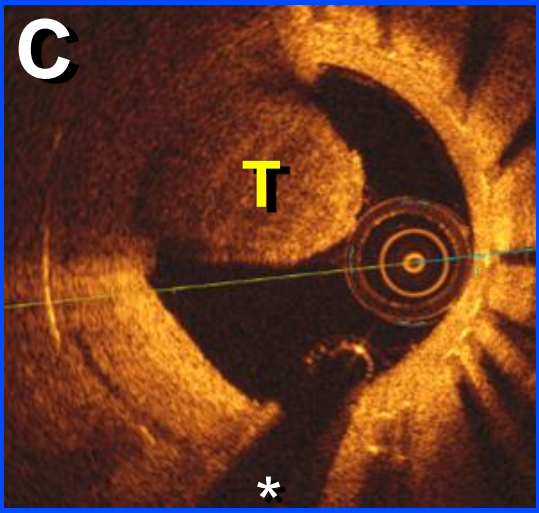
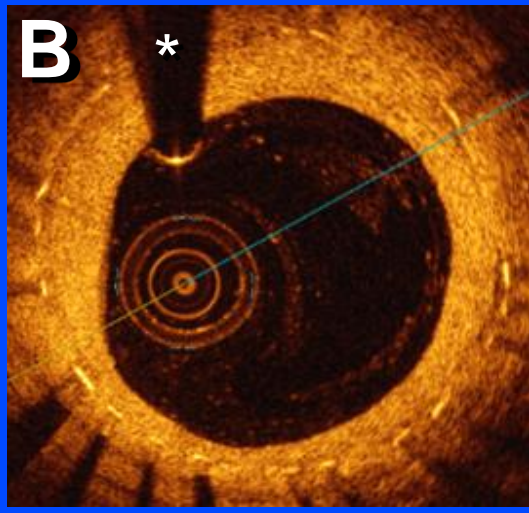
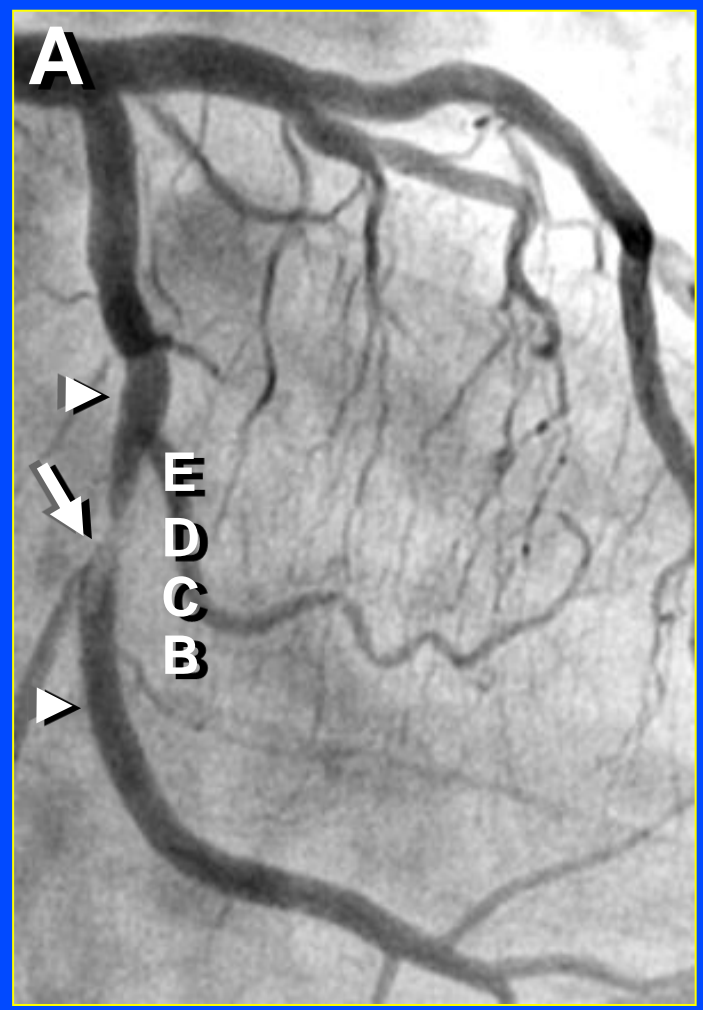
- **Microvessels associated with:**
 - Neointimal hyperplasia (NIH) CSA (5.4 vs 4.2 mm²; p=0.024)
 - % NIH CSA (79 vs 67%; p=0.001).

Neoatherosclerosis After Paclitaxel-Eluting Balloon

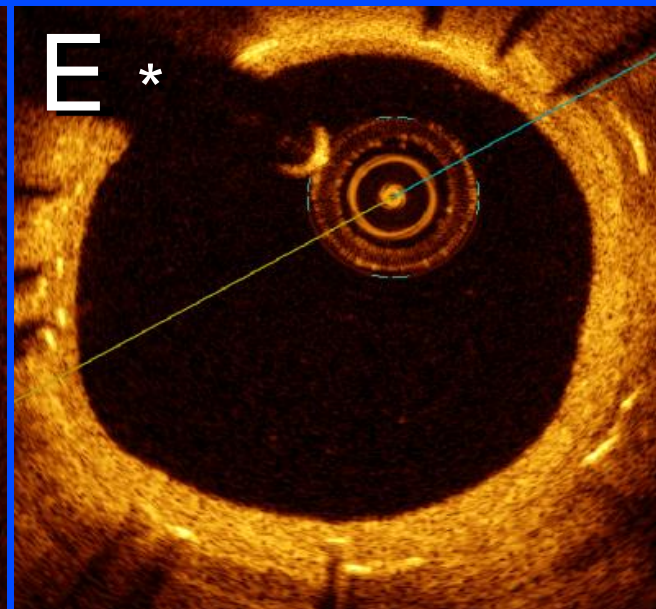
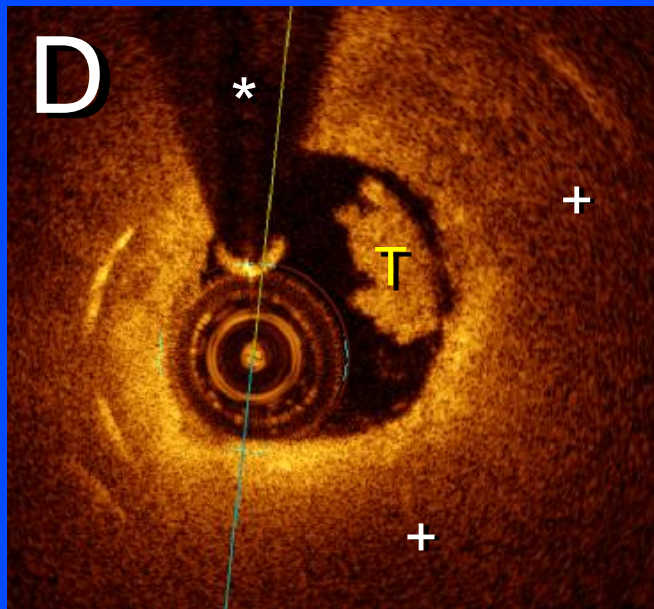
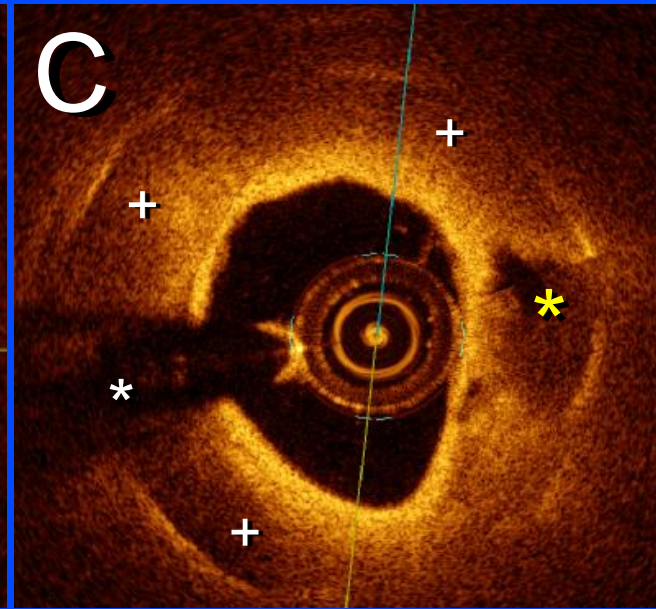
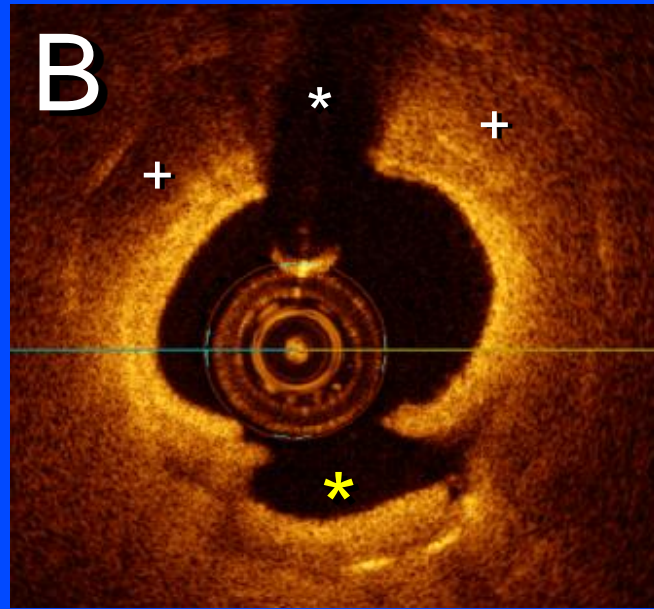
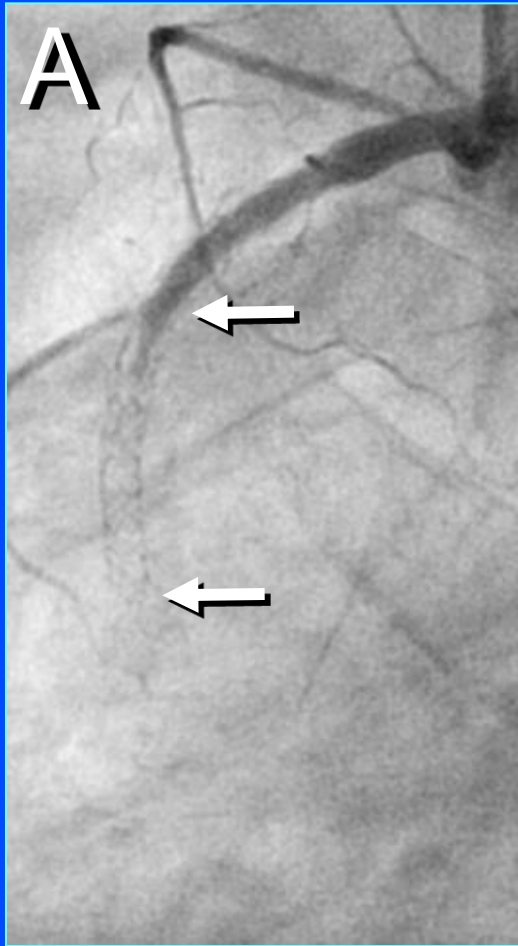


Ruptured Neoatherosclerosis

“The elusive link between very late ISR and ST”

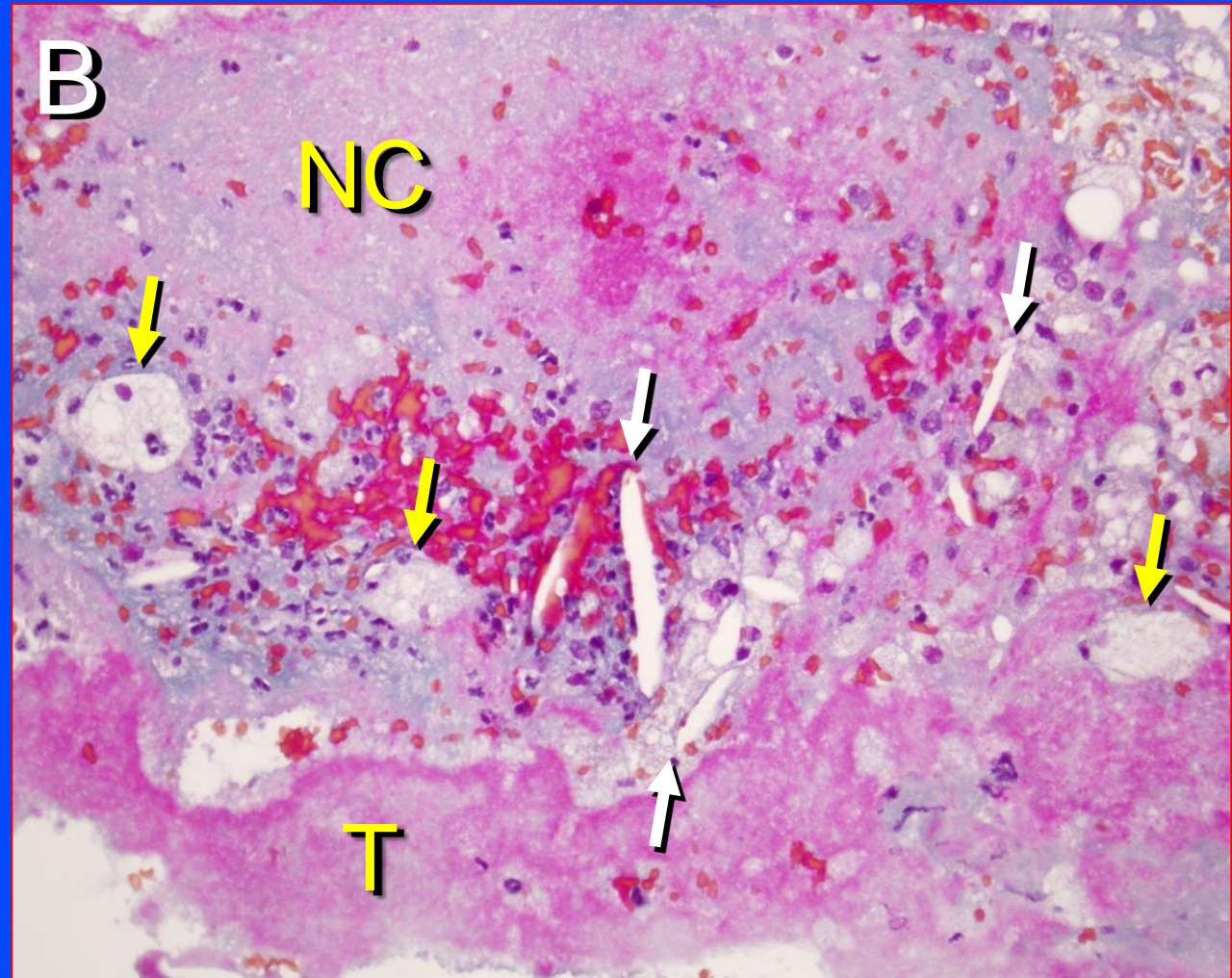
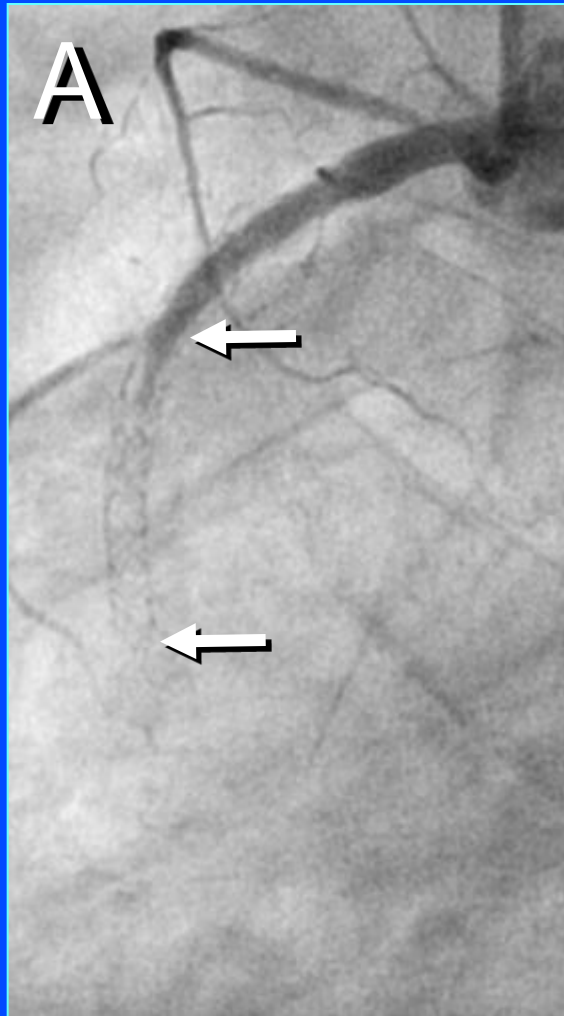


Neointimal Hyperplasia Causing Late ST



Neointermediosclerosis Causing Late ST

«Thromboaspiration»



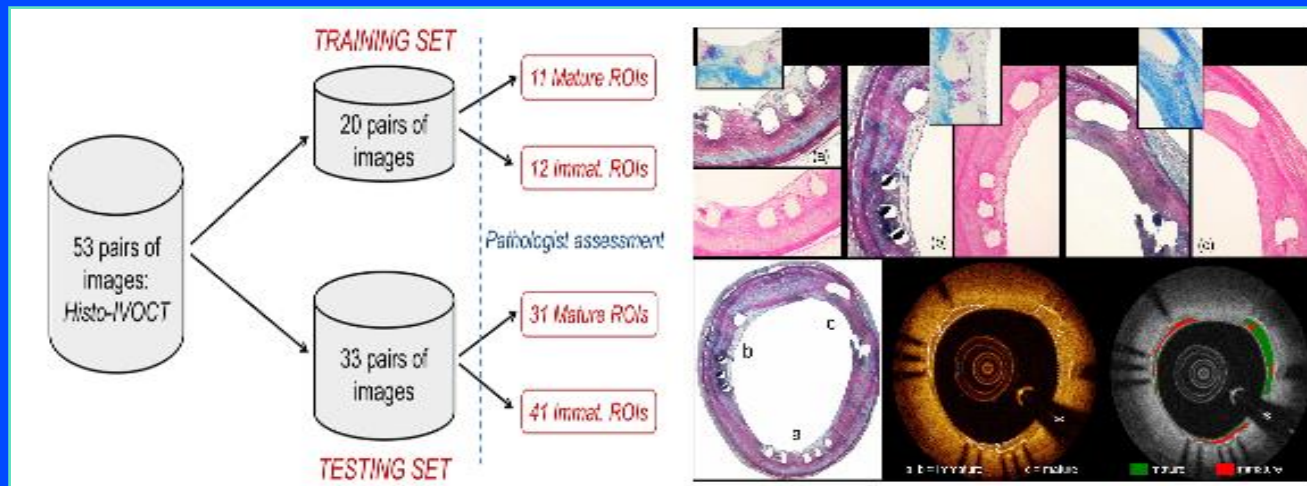
Automatic Characterization of Neointimal Tissue by OCT

Previous OCT studies indicated that well-organized mature neointimal tissue appears as a high-intensity, smooth, and homogeneous regions, while lower-intensity signal areas might correspond to immature tissue mainly composed of acellular material.

New Zealand White rabbits:

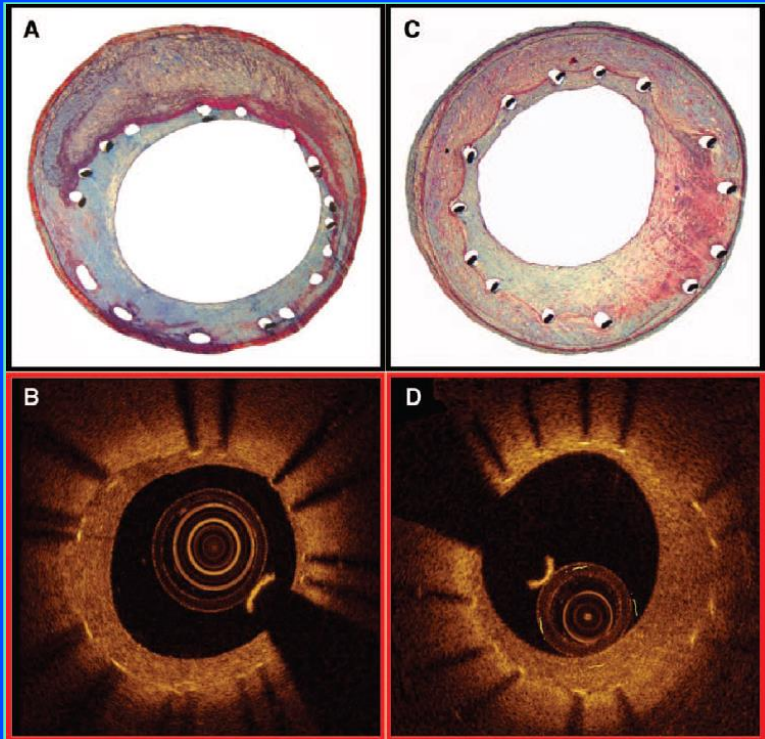
Pixel-wise classification accuracy of 87%

Two-dimensional region-based analysis accuracy of 92%
(with sensitivity and specificity of 91% and 93%, respectively)



Tissue Characterization After Drug-Eluting Stent Implantation Using Optical Coherence Tomography

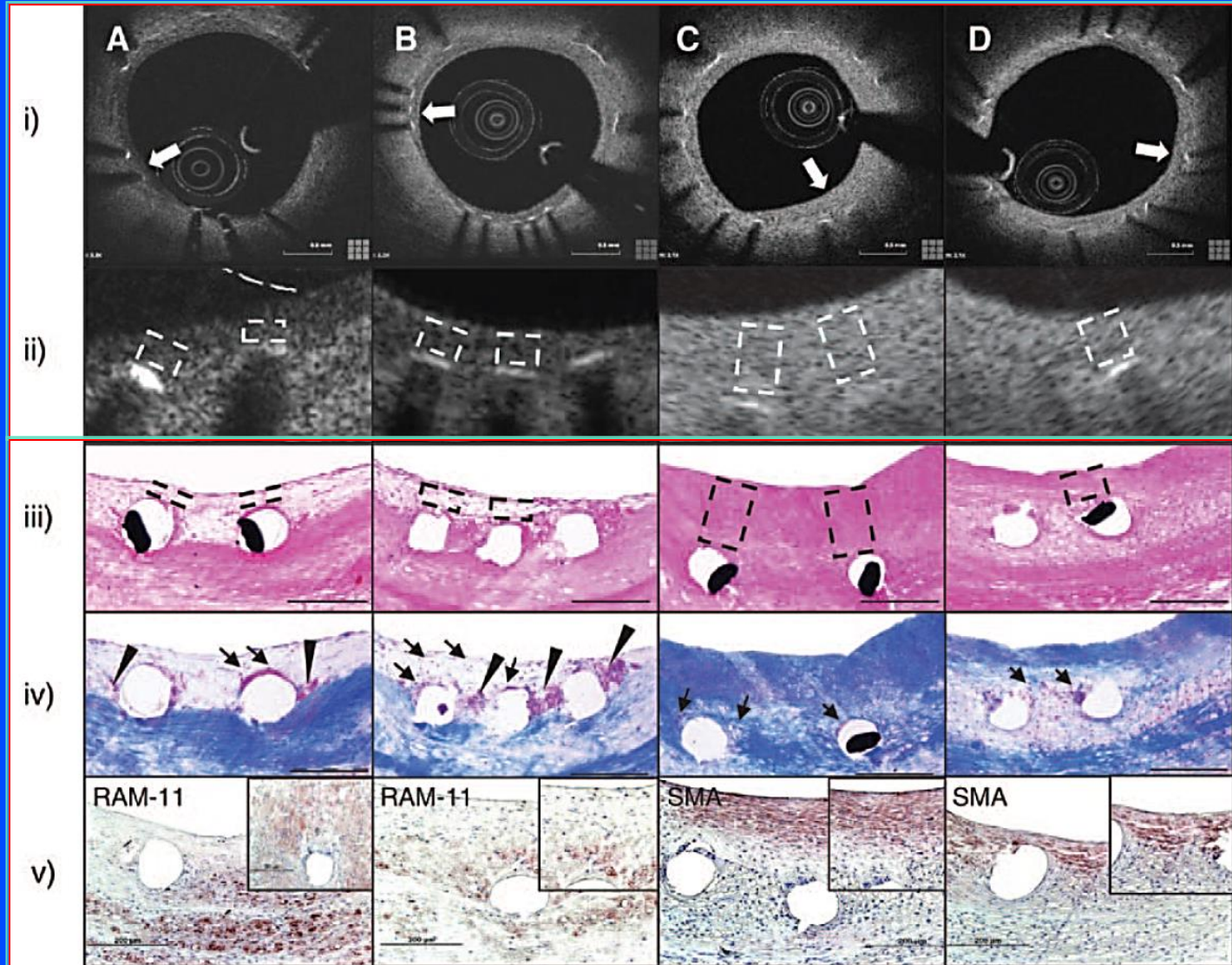
Caroline Malle, Tomohisa Tada, Kristin Steigerwald, Giovanni J. Ughi, Tibor Schuster, Masataka Nakano, Steffen Massberg, Johannes Jehle, Giulio Guagliumi, Adnan Kastrati, Renu Virmani, Robert A. Byrne, Michael Joner

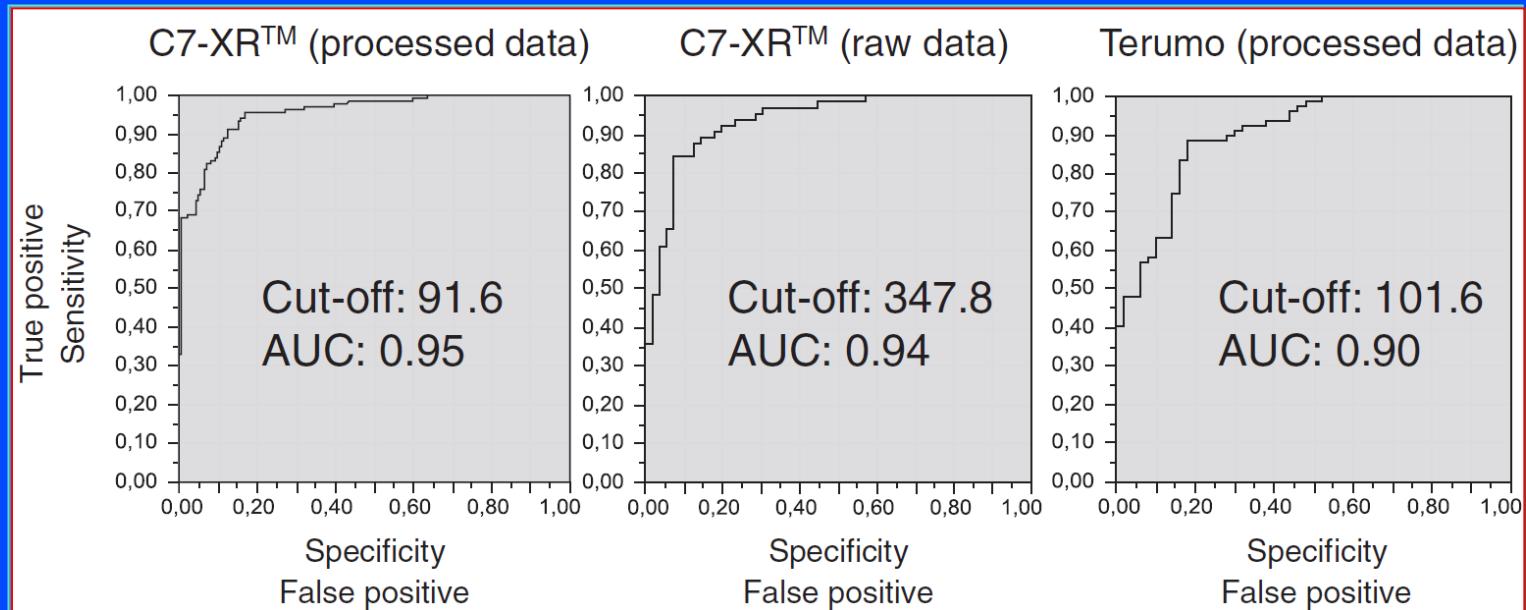


After coregistration with histology, gray-scale signal intensity (GSI) was measured for identified “mature” or “immature” neointimal tissue.

Inmature Tissue

Mature Tissue



Detection of «Mature Neointimal Tissue» by gray-scale signal intensity (GSI) analysis

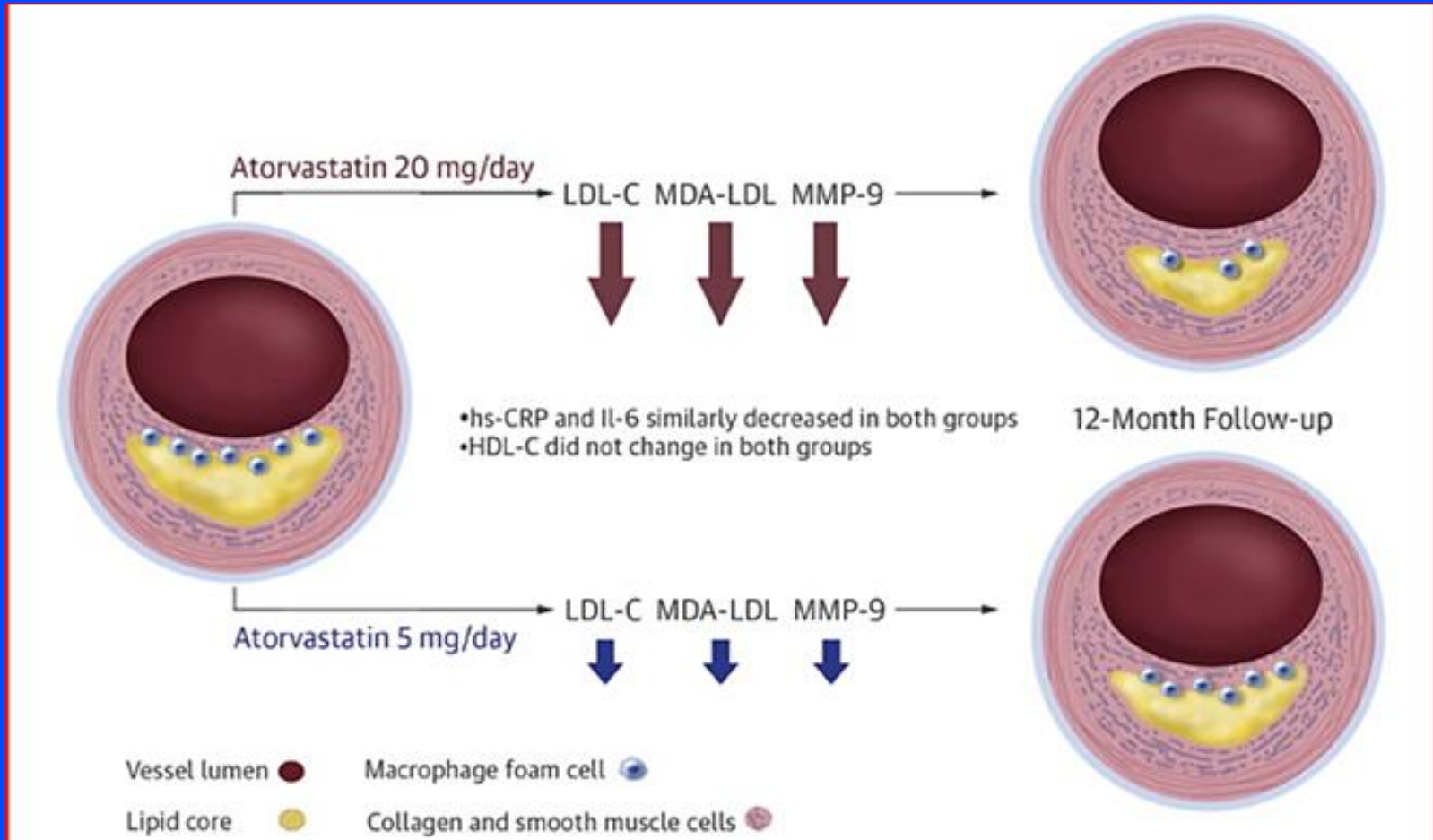
ROC analysis displayed **high sensitivity and specificity** for detection of mature neointima in **animal** (96% and 79%, respectively) and **human** autopsy (89% and 71%, respectively) data.

In patients undergoing OCT follow-up 6 months after DES, prospective GSI analysis revealed that a minimum of 27.7% of areas above stent struts represented mature neointima.

Treatment of Vulnerable Neointima

The EASY-FIT Study (RCT)

Effect of Atorvastatin Therapy on Fibrous Cap Thickness in Coronary Atherosclerotic Plaque as Assessed by Optical Coherence Tomography

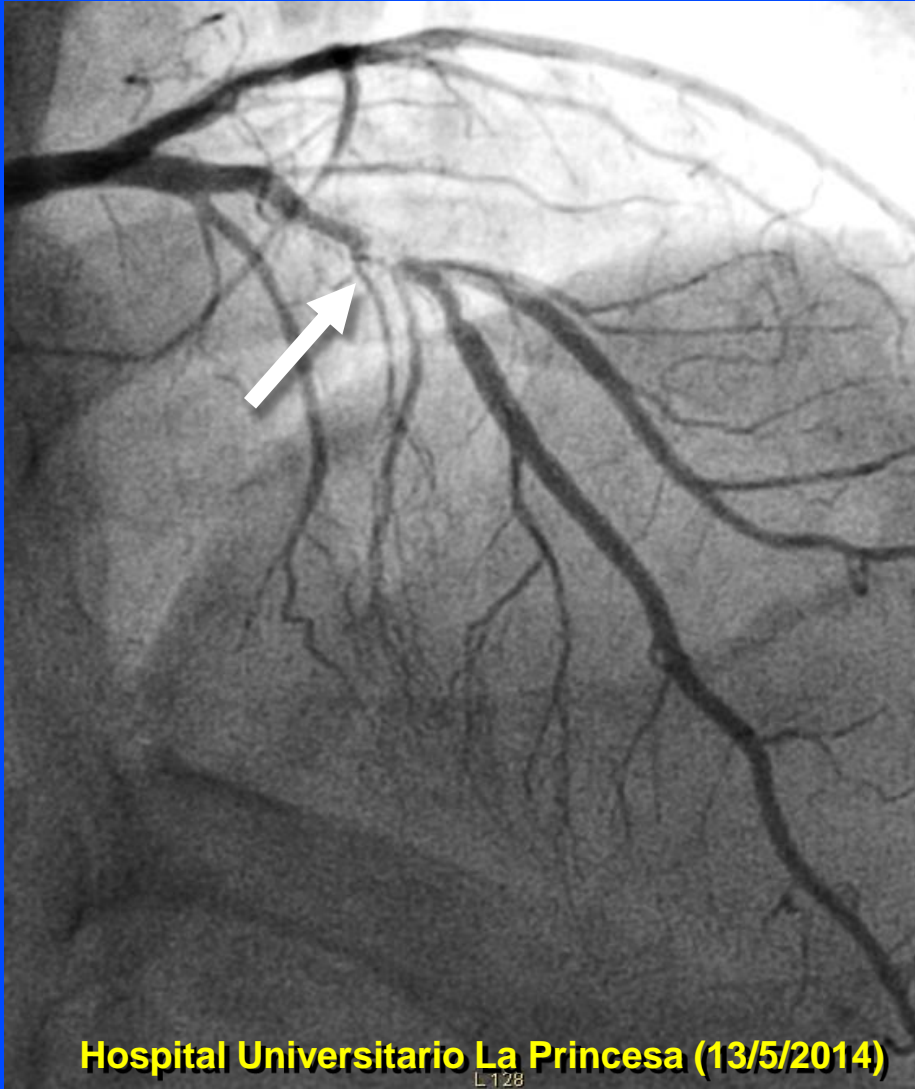


The EASY-FIT Study (RCT)

Effect of Atorvastatin Therapy on Fibrous Cap Thickness in Coronary Atherosclerotic Plaque as Assessed by Optical Coherence Tomography

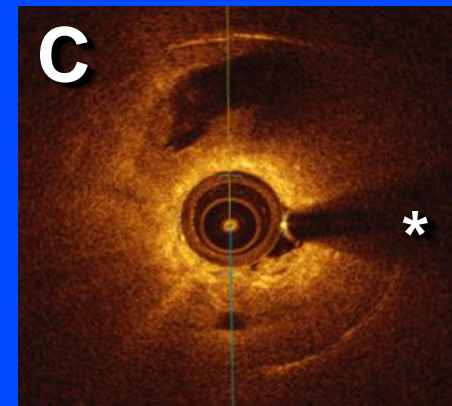
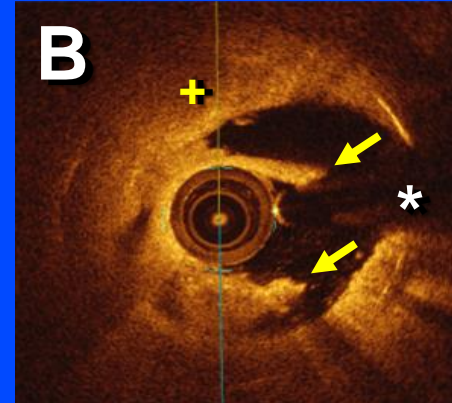
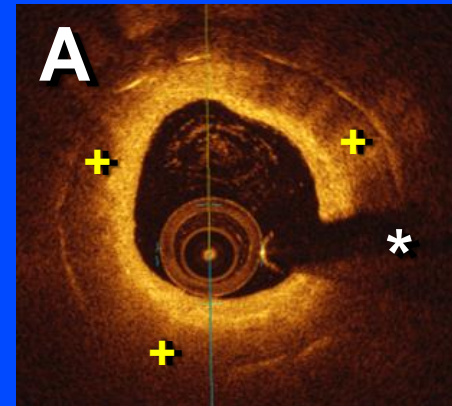
- **Atorvastatin 20 mg/d vs 5 mg/d:**
 - **Reduced LDL cholesterol levels**
 - (69 mg/dl vs. 78 mg/dl; $p = 0.039$).
 - **Increased fibrous cap thickness**
 - (69% vs. 17%; $p < 0.001$).
- **The increase in fibrous cap thickness** correlated with the **decrease** in serum levels of:
 - LDL cholesterol ($R = -0.450$; $p < 0.001$),
 - High-sensitivity C-reactive protein ($R = -0.276$; $p = 0.033$),
 - Matrix metalloproteinase-9 ($R = -0.502$; $p < 0.001$)
 - OCT-derived macrophages ($R = -0.415$; $p = 0.003$).

**64 yo. PES in LAD 10 years ago
Prologed Chest Pain, (-) T waves, Troponin (++)**

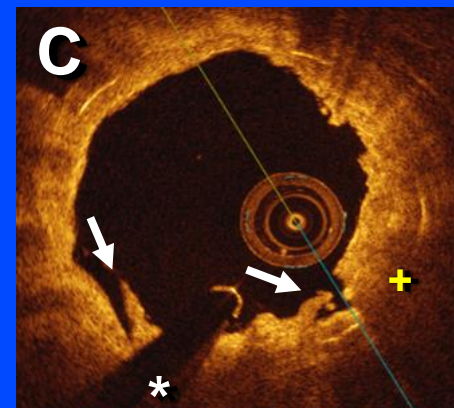
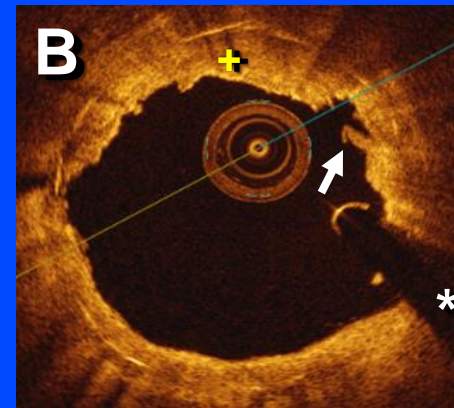
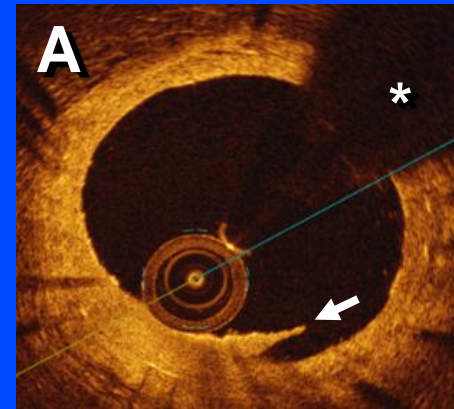
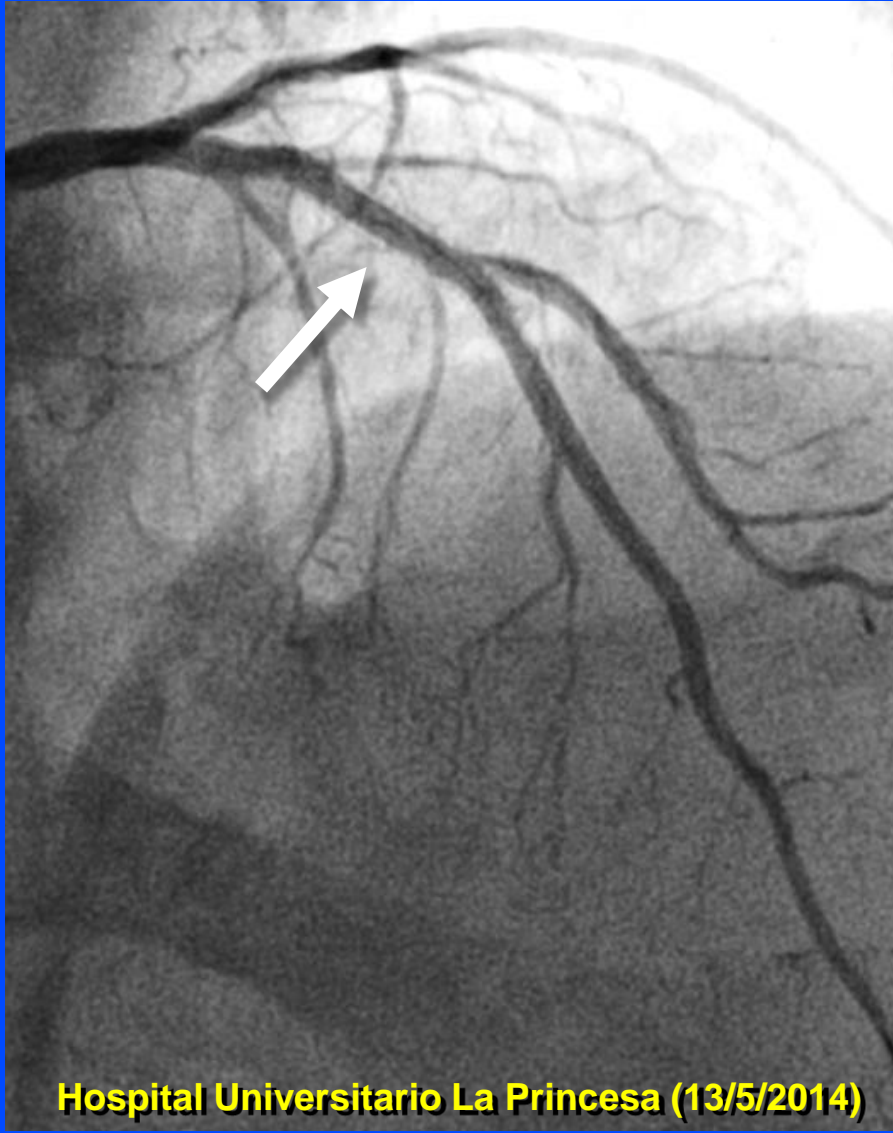


Hospital Universitario La Princesa (13/5/2014)

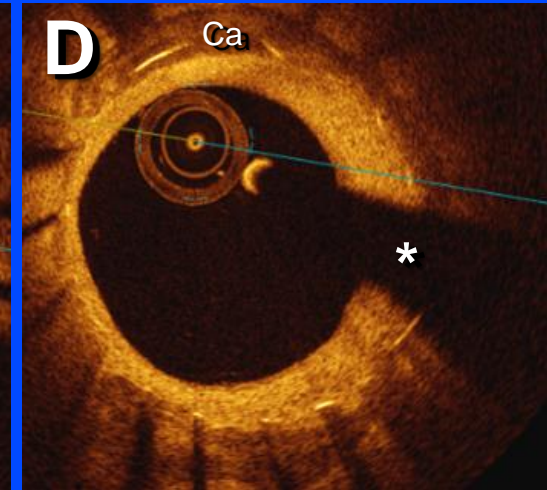
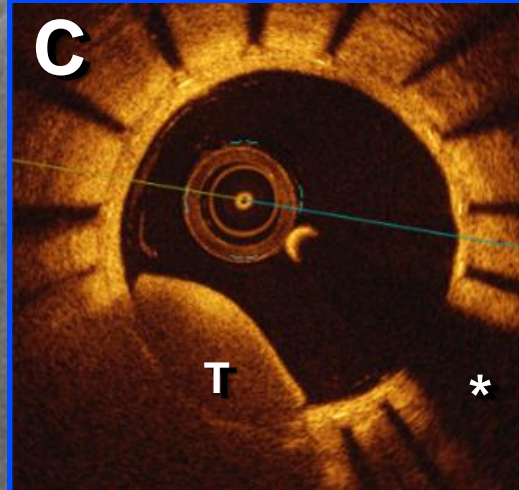
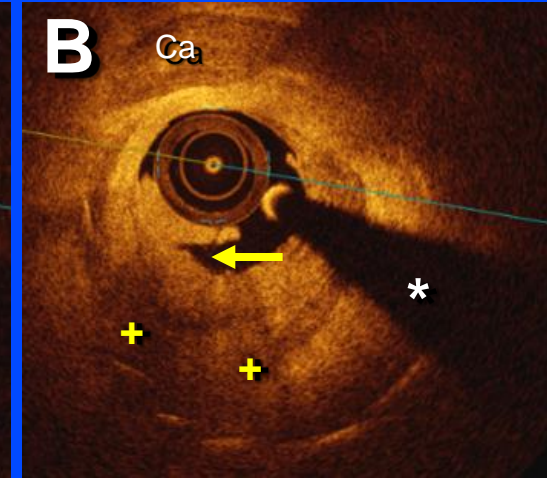
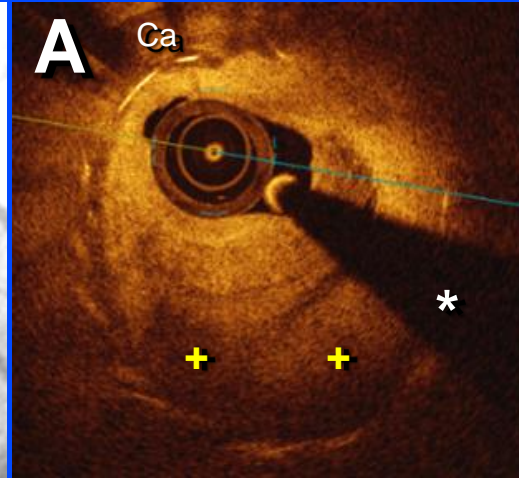
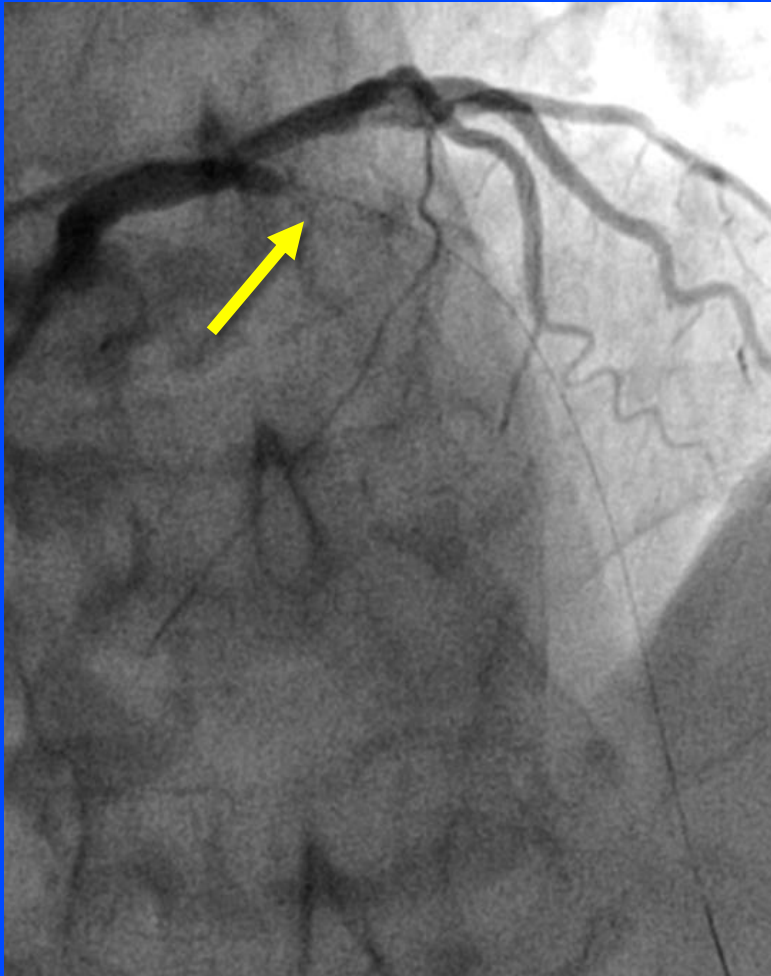
L128



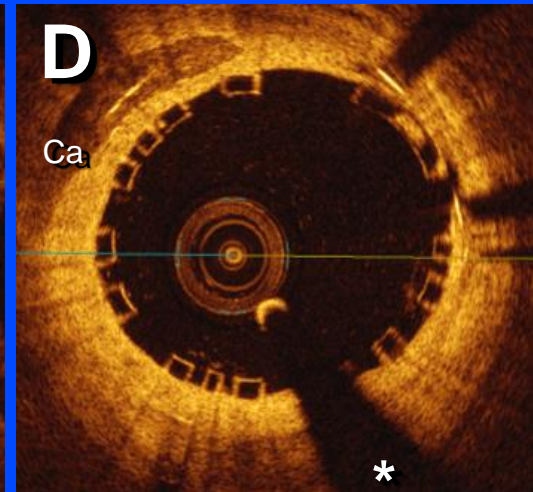
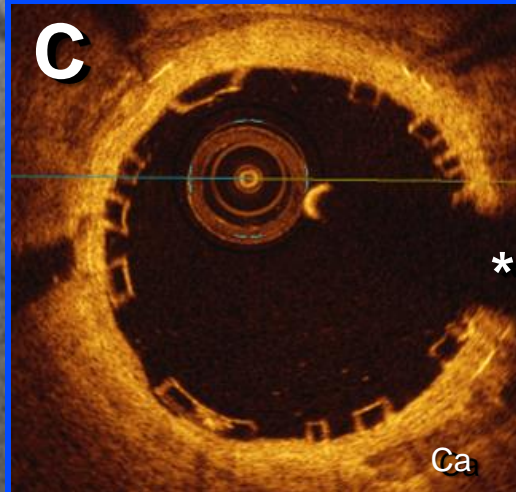
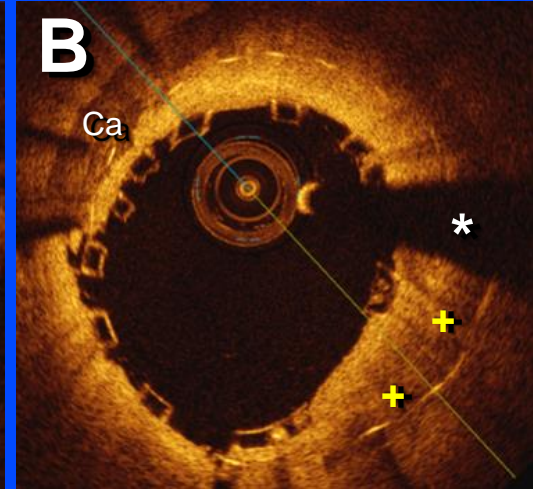
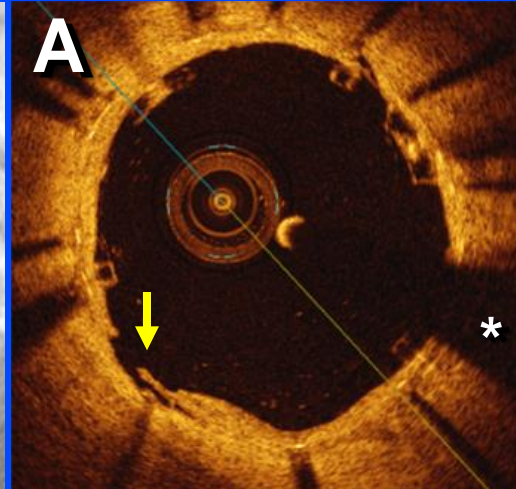
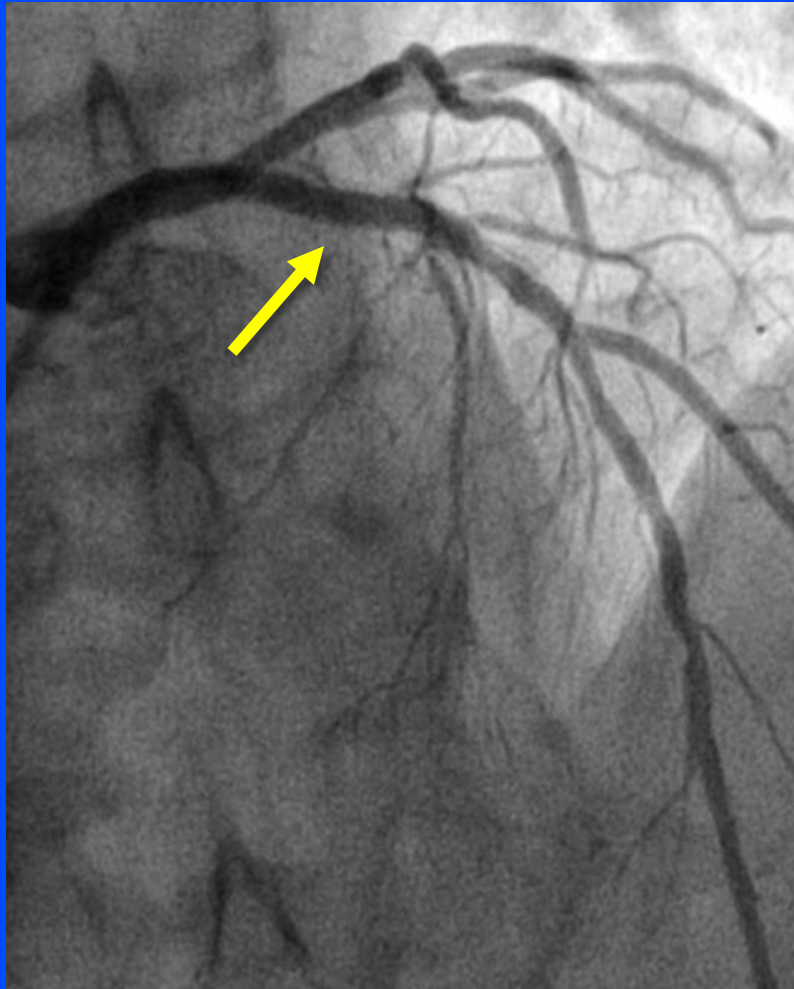
High-Pressure Predilation and DCB



52 yo. PES in LAD 8 years ago
Anterior STEMI



BVS



Detection and Treatment of Vulnerable In-Stent Neointima

- We can detect morphological features suggestive of «high-risk» potentially «vulnerable» neointima**
- Further studies are required to establish adequate therapies to prevent complications in asymptomatic patients.**
- The treatment of choice for patients with ISR as a result of neoatherosclerosis remains unsettled**